

TABLE OF CONTENTS

Message from the Research Lead	4
Message from the Director	4
Profiling our Researchers	5
Profiling our Students	7
The Nursing Research and Knowledge Hub	10
Faculty and Student Awards	13
Research Funding	14
Publications and Citations	15
Publications—2018	16
Knowledge Translation	19

MESSAGE FROM THE RESEARCH LEAD



Nelly D. Oelke

**Associate Professor
and Research Lead**

The development of this *Research Report* has led us to reflect on the research that we are doing in our School of Nursing at the University of British Columbia, Okanagan. Despite being a fairly young research intensive School, a high volume and quality of research is being produced. This has occurred despite our small numbers of research faculty (11 research intensive faculty) with a number of transitions occurring in research faculty in 2019. Furthermore, our research is having an impact on policy, practice and education.

Research carried out by our students has also increased. The number of graduate students doing research and the number of undergraduate students involved in research has grown over the last number of years in our School. Student research is also highlighted in this report.

We have included a number of research metrics in this report—funding and publications. Furthermore, innovative knowledge translation products and activities are showcased.

I am pleased to be able to share our School of Nursing's *Research Report* with you to highlight our successes on which we can build future work.

MESSAGE FROM THE DIRECTOR



Marie Tarrant

Professor and Director

It is with great pleasure that I join Dr. Nelly Oelke, our Research Lead, to share with you the School of Nursing's *Research Report* for the years 2014-2018. Since joining the UBC family in 2005, the School of Nursing has transformed from a teaching institution to becoming part of a world-leading research intensive university. Our School is now home to renowned researchers, scholars and educators who all share our goal of preparing the next generation of nurse scholars and researchers and improving the health and well-being of our community. Our researchers are providing innovative palliative care options for rural communities across Canada, using technology to help fathers quit smoking, expanding cardiac care options for patients with atrial fibrillation in rural communities, developing effective strategies to integrate health care across the continuum, and developing decolonizing methodologies to address the burden of chronic disease in Indigenous communities. This report provides an overview of our progress, with a focus on the past three years. Although there are some peaks and valleys, our research progress is continuous and steady. I am proud to show you the research innovation and excellence that is influencing health policy and practice in British Columbia and across Canada.

PROFILING OUR RESEARCHERS



Dr. Barbara Pesut **Professor and Chair**

Dr. Pesut is an outstanding researcher who focuses on life limiting chronic disease and end-of-life care in rural communities in Canada. She has held a competitive Tier 2 Canada Research Chair since 2010. She received the prestigious honour of being Researcher of the Year at UBCO in 2017. She has been awarded over 5.5 million dollars in research funding since 2007, with over 3 million as a nominated principal investigator. She also has many publications including peer-reviewed journal articles and book chapters.

She developed, tested, and implemented the Nav-CARE program (<https://pesut-lab.sites.olt.ubc.ca/projects-2/ncare/>) in partnership with Dr. Wendy Duggleby at the University of Alberta to improve the quality of life of adults living at home with serious illness. Working collaboratively with their partners over five years the Nav-CARE program was born. The program trains volunteer navigators to work with patients, families, and communities identify services that fit the needs of patients. Furthermore, these navigators provide support for patients and their families. The program also provides support for end-of-life care.

Nav-Care seeks to promote quality of life, foster independence, and facilitate community connections utilizing a culturally safe, palliative approach. Dr. Pesut works collaboratively with 12 communities in BC and has expanded her partnerships to Alberta, Saskatchewan, Ontario, Nova Scotia, and Newfoundland. The Nav-CARE project also recently won a healthcare innovation award from the Canadian Foundation for Healthcare Improvement.

Dr. Pesut also has a strong track record in the supervision and mentorship of students. She has supervised six PhD students, 11 MSN thesis students, and five MSN scholarly papers. In addition to her supervision of graduate students, Dr. Pesut has provided research training for 15 undergraduate students.

Dr. Pesut has been recognized nationally and internationally for her work in palliative care. She is currently one of the leading scientists in the area of palliative care in Canada and internationally. She has developed innovative programs to improve end-of-life care for underserved populations using a sustainable, collaborative, and interdisciplinary approach. Dr. Pesut has made and is continuing to make a significant contribution to the field of palliative and end-of-life care.

PROFILING OUR RESEARCHERS

Dr. Donna Kurtz, Associate Professor

Dr. Kurtz is Métis. She is a nurse educator and qualitative researcher. She uses decolonizing approaches of Indigenous led community-based Indigenous methodologies in health promotion, Indigenous wellness and health system policy change for chronic disease prevention that benefits Indigenous peoples and communities.

Dr. Kurtz recently received \$960,000 from CIHR Pathways Component 1 grant (2015-2017) and a CIHR Project grant (2018-2022) to build a partnership with Interior Health and six Friendship and Métis Centre communities in the Interior Health region to blend traditional and western approaches for primary health care in diabetes and obesity services. This includes work with local Nations and urban Indigenous peoples and health providers, Band Councillors, Friendship Centres, the Métis Association, Elders, and researchers and students within the university and health authority. The aim is to learn from people and communities and together share knowledge to develop sustainable solutions for respectful non-racist, non-discriminatory health care and education provision that addresses not only diagnosable health concerns of Indigenous people, families, communities, but also the social, emotional, spiritual roots of poor health within the context of historical and contemporary socio-economic and political factors. This work involves equity, social justice and land-based healing while building and strengthening respectful relationships and partnerships with educational, professional and health organizations.

Recently, Dr. Kurtz was one of 4 Indigenous researchers from across Canada profiled by CIHR (<http://www.cihr-irsc.gc.ca/e/51025.html>). Her work is mainly focused in Western Canada with expanding research and education collaborations with Australia (Federation University Mt. Helen) and New Zealand (Whakauae Research Services).

In addition to her research, Dr. Kurtz co-developed and teaches cultural safety education development and delivery and is the Faculty of Health and Social Development Aboriginal Faculty Liaison to help Indigenous health science students navigate community-university transitions and facilitate recruitment and retention ensuring mutually respectful and beneficial community engagement. Her work includes appointments such as: UBC Deputy Vice Chancellor Aboriginal Advisory Committee member involved in indigenizing the campus; UBC Vancouver Faculty of Medicine Indigenous Admissions Subcommittee to review Indigenous student applications and support increased admissions in medicine; and the UBC Centre for Excellence in Indigenous Health, aimed to build relationships across the university, student self-determination, and improved Indigenous health care outcomes.



PROFILING OUR STUDENTS



Crystal Shannon, MSN Student

Crystal is currently enrolled in the MSN Program at UBC Okanagan with the goal of becoming a nurse educator. Her background includes public health nursing, infant development, and use of family-centered approaches. Crystal's graduate work is focused on helping families living with Autism Spectrum Disorder (ASD), which is currently on the rise, affecting 1 in every 68 children (Autism Speaks Canada, 2016). Children with ASD and their families experience multiple challenges and barriers to safe, active recreation. The purpose of Crystal's research is to better understand the factors influencing how families can promote safe activity for their children 3-12 years living with ASD. Her study specifically focuses on rural Okanagan settings and understanding some of their unique challenges and how these smaller centres can better assist and support families. She is currently completing data collection and analysis. Research contributions include identifying family-centred priority issues, informing program planning and policies to support inclusive opportunities, and building understanding about the rural context - a topic on which there is little prior research.

In the past year, Crystal completed her MSN course work and presented her thesis protocol at conferences in Ontario, Alberta and British Columbia. She worked with Dr. Olsen, her supervisor, on her program of research. These included assisting with a scoping review of literature, co-authoring peer-reviewed publications, co-facilitating two parent workshops in partnership with SFU, assisting with grant development, and presenting her work at a MSFHR-funded symposium held at UBC Okanagan. She also just recently received a scholarship from the KIds Brain Health Network for the Family Engagement in Research Certificate Program offered through McMaster University.

Upon completion of her masters', it is Crystal's intent to move into PhD studies. Her research will provide a foundation for the development and testing of an intervention for children and their families. "All of my research contributions are part of a bigger picture to help facilitate positive change for safe and active recreational opportunities for families and children living with neurodevelopmental disabilities," (Crystal).

Crystal recently accepted a faculty position at a BC university where she is looking forward to sharing her knowledge and experience with students. She looks forward to being able to give back what she has learned from so many educators, colleagues, families, and children. "My goal of becoming a nurse educator is unfolding and I am excited about what the future holds," (Crystal).

PROFILING OUR STUDENTS



Logan Patterson, MSN Student

Logan began her Masters of Nursing degree in May 2018. She recently completed her undergraduate degree in April 2018 and graduated in June 2018. She started her undergraduate nursing degree at the University of British Columbia, Okanagan in 2014 after completing a year of studies in the Bachelor of Arts program. Her primary interests in nursing are in mental health and palliative care. She is currently working casual at the Kelowna Hospice and in Residential Care while completing her MSN program as a full time student.

In the summer of 2017, Logan had the opportunity to work as a research assistant for Dr. Marie Tarrant who is also the Director of our School of Nursing. Through her work with Dr. Tarrant, she truly began to appreciate research and enjoyed the challenges of learning about research, and various research skills. This experience sparked her desire to continue learning and further develop her leadership and research knowledge and skills.

Logan is a course-based MSN student and will be working on a knowledge translation project with Dr. Darlene Taylor and Mr. Dennis Jasper, one of our lecturers who specializes in mental health. Dr. Taylor developed and tested the tool, Capacity Assessment Instrument for People who misuse Substances (CAIPS), to assess capacity to consent for treatment among homeless populations with substance use. Logan will work with Mr. Jasper to integrate the tool into the undergraduate nursing curriculum, incorporating an evidence-based tool for nursing students to use in their nursing practice.

Her plan upon graduation from the MSN program is to continue working with vulnerable populations including geriatric, palliative, and mental health in the community. She looks forward to being involved in future research projects and becoming a nursing educator. Logan states, "I consider myself a 'big picture thinker' and I hope to make innovative and positive changes in our health care system."

PROFILING OUR STUDENTS

Iris Fan, Previous Fourth Year Nursing Student

Iris is a recent new grad from the School of Nursing at UBC, Okanagan. In 2017, she received a Mitacs Globalink Research Award to study abroad. This award provided an opportunity for her to undertake a research practicum in Brazil (February—April 2018) and collaborate internationally with researchers at the Federal University of Rio Grande do Sul (UFRGS) in Porto Alegre, Brazil.

Brazil is a developing country with widespread regional and social inequalities; this is particularly evident in the health care system. While visiting various healthcare settings and talking to health professionals, she was particularly struck by the wait times to access health services and the lack of continuity of care for patients. Care transitions, particularly from hospital to home, were not well coordinated resulting in lower quality of care, readmissions to hospital, and adverse events. In 2017, nearly one fifth of all hospital admissions were readmissions in Brazil. This is a major concern for health professionals, yet current literature in this area is lacking in Brazil.

A systematic review of the literature to identify best practices for care transitions in Latin American countries including Brazil, was initiated by Dr. Maria Alice Lima (UFRGS), Dr. Nelly Oelke (UBCO), and several other researchers at UFRGS. Iris worked with Dr. Lima to complete her research practicum. The research team conducted an extensive literature search for care transition strategies that could increase the continuity of care for patients with recommendations for improving care transitions. These results will provide important information for decision-makers, health care providers, and nursing students and provide a fundamental foundation for future research in this area. Finally, Iris had the opportunity to co-author a manuscript on care transitions that was recently accepted for publication.

“It has been an extraordinary experience for me as an undergraduate student to collaborate internationally and work cross-culturally with researchers from a variety of backgrounds. Collaborating across disciplines and across borders has enabled me to explore my position, role, and identity within a global context. As a global citizen, I will continue to bridge culture, share practice, and advocate for health equity. In the future, I hope to interconnect communities, challenge injustice, and take action in meaningful ways globally and domestically as a nurse, a global citizen, and a nursing researcher,” (Iris).



THE NURSING RESEARCH AND KNOWLEDGE HUB

Our nursing faculty are conducting research that addresses real-world problems to develop innovative practice-ready solutions to improve the health and wellbeing of people locally, nationally, and around the world. In partnership with communities, health professionals, academic collaborators, and other stakeholders, we are leading inter-disciplinary research teams to generate and translate knowledge into effective evidence-based practices and programs. The Nursing Research and Knowledge Hub is a collaborative research space for nursing faculty, students, and partners to design and conduct research that transforms health and health systems.

Our Researchers...

Transitions in Chronic Illness and Palliative Care Research Group

Dr. Barbara Pesut—Health, Ethics, and Diversity Lab

Our multi-faceted work focuses on the ultimate goal to improve health and healthcare for diverse populations. The team works with community, provincial, national and international partners to best inform the care for individuals, particularly those with life-limiting chronic illness who are at risk for health disparities because of geographic, cultural, or social differences. The lab's primary program of research is NCARE, an innovative program that uses volunteer/healthcare provider navigation partnerships to support rural older adults living at home with advanced chronic illness. This program is being developed, trialed and evaluated using community-based, participatory-action research.



Rural Health + Nursing Services Innovation Research Group

Dr. Nelly Oelke—Integrated Health Systems Research Lab

We are interested in how services are integrated across the continuum of care along with intersectoral collaboration in such areas as social services and education. We work in partnership with policy-makers, decision-makers, providers, patients and community members to understand the current state of integration, explore opportunities to facilitate integration, and use knowledge-to-action approaches to redesign health services delivery. Outcomes are measured at the patient, provider and system levels. Current research includes rural community-based mental health supports for adults 50 and over, primary health care teams to support integration, and the study of integrated knowledge translation methods.



Dr. Kathy Rush—Aging and Health Lab

This lab seeks to enhance the health and well-being of older adults with complex health challenges, across healthcare and geographic contexts. We study health services and transitions in care for older adults with cardiac conditions (e.g., atrial fibrillation) and have a special interest in the application of perspectives of risk. Emphasis is on designing innovative approaches to bring services closer to home for older adults and support their self-management. One of our current projects includes examining virtual healthcare delivery such as telehealth for rural older adults with cardiac conditions (e.g., atrial fibrillation).



Dr. Marie Tarrant—Maternal and Child Health Lab

Our research is focused on how to improve maternal and child health outcomes with an emphasis on breastfeeding and childhood and maternal vaccinations. Our methodologies include large longitudinal cohort studies, population-based cross-sectional studies and intervention studies that are designed to inform and influence public health policies and perinatal health care services. We have just completed a study investigating the effect of breastfeeding on postpartum glycaemic control in pregnant women diagnosed with gestational diabetes and have an ongoing study examining breast milk expression practices and how this may affect infant health outcomes.



Community Health, Wellbeing and Equity Research Group

Dr. Donna Kurtz—Indigenous Health Promotion and Cultural Safety Lab

We work with Indigenous Peoples and multi-sector community partners to create culturally safe ways to foster respectful non-racist, non-discriminatory health care provision and policy change. Our work includes decolonizing approaches for community-led holistic health research that honours local knowledge and benefits all generations within communities. We also adapt/refine cultural safety education according to community needs, and study Indigenous nursing recruitment and retention. Working with our partners (Interior Health, six Friendship Centres and the Metis Association), one of our current projects blends traditional and western approaches for primary health care in diabetes/obesity services.



Dr. Lise Olsen—Promoting Child and Family Health Lab

The focus of research in this lab is promoting healthy and safe child development within a family and community context. We have an emphasis on child injury prevention, promotion of physical activity for children and families, and understanding the experiences of parents who have a child living with a chronic condition or disability, particularly Autism Spectrum Disorder (ASD). One current project includes a community-based study to develop understanding of parent experiences, community supports, and barriers for safe active play for families with a child with ASD living in Okanagan, BC.



Dr. Joan Bottorff—Health Promotion and E-health Co-design and Evaluation Lab



In this research lab, we translate research findings into innovative solutions to promote health and prevent chronic disease. Working in collaboration with community partners, we study user preferences and needs, and engage users in the co-design of gender-sensitive and gender-specific approaches to support health behaviour change. Target health behaviours include smoking, physical activity and healthy eating, and mental wellness. Our populations of interest are youth, young adults/adults, women and men who have been diagnosed with cancer, and Aboriginal people. The lab has a number of current projects, one focuses on developing and testing a health promotion program for male dominated worksites (POWERPLAY).

FACULTY AND STUDENT AWARDS



Dr. Barbara Pesut, Professor, Researcher of the Year, University of British Columbia, Okanagan

Dr. Pesut is an exemplary researcher in our School of Nursing and has held a Tier 2 Canada Research Chair since 2010. Her research focuses on improving palliative care, particularly in rural communities. She partners with decision-makers, providers and community members to deliver palliative care services for patients. Dr. Pesut is recognized for her research nationally and internationally.

Dr. Kathy Rush, Professor, ARNBC Excellence in Advancing Nursing Knowledge & Research

Dr. Rush is a talented researcher, collaborator, mentor and role model. She is committed to improving health services for adults with complex health needs. She has a special interest in rural health. Her current research focuses on care transitions for cardiac patients to support services closer to home and self-management. She also focuses on research in nursing education. Dr. Rush has inspired many researchers and students over her career.



Madeleine Greig, Masters Student, ARNBC Innovation in Nursing Rising Star

Madeleine recently graduated from the MSN program and completed her BSN in 2014, both at UBC, Okanagan. Both her research and volunteer work focus on global health and supporting students in their global health experiences. She also has a passion for supporting vulnerable populations, particularly vulnerable women. As an emerging nursing scholar, she has made a significant contribution to research, education, and practice.

Lauren Airth, Masters Student and Clinical Assistant, 150 Nurses in Canada

Lauren graduated with her BSN in 2014 and is currently an MSN student at the UBC, Okanagan. She has focused her career in mental health. Lauren has contributed countless volunteer hours to mental health as a member and speaker for Jack.org, an organization of young leaders focusing on changing how we think about mental health. Her research continues her work in mental health with a photo voice study focusing on adults 50+ living in rural communities.

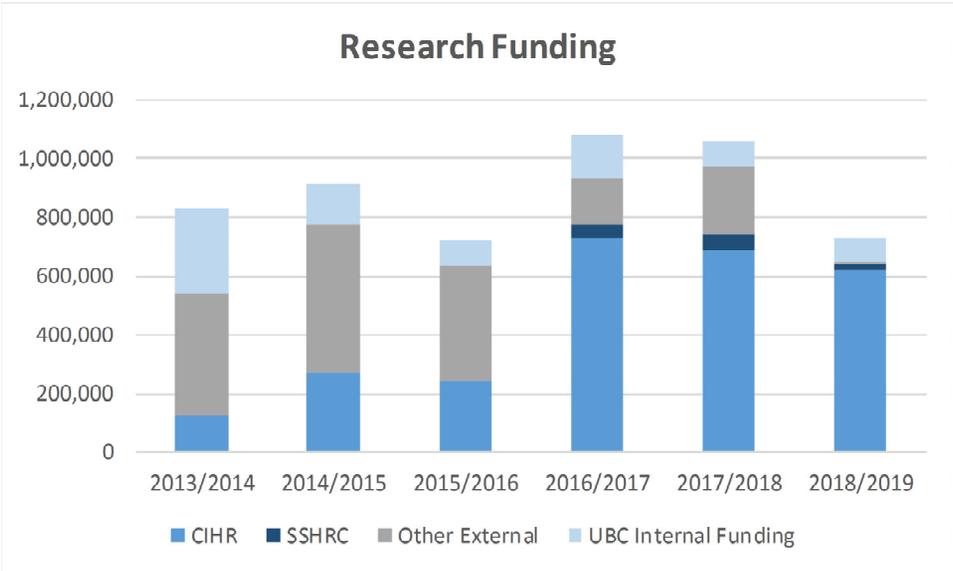


Mary Kjørven, PhD Student and Interior Health Regional Geriatric Clinical Nurse Specialist, 150 Nurses in Canada

Mary is a clinical nurse specialist in geriatrics with two certifications in gerontology. In addition to her clinical work, she has been a Board member for the previous CRNBC, now the BCCNP, since 2012. She is also a PhD student in our School of Nursing. Mary has a passion for older adults and their care and works hard to improve service delivery for this population through the education and mentorship of nurses and other health care providers.

RESEARCH FUNDING

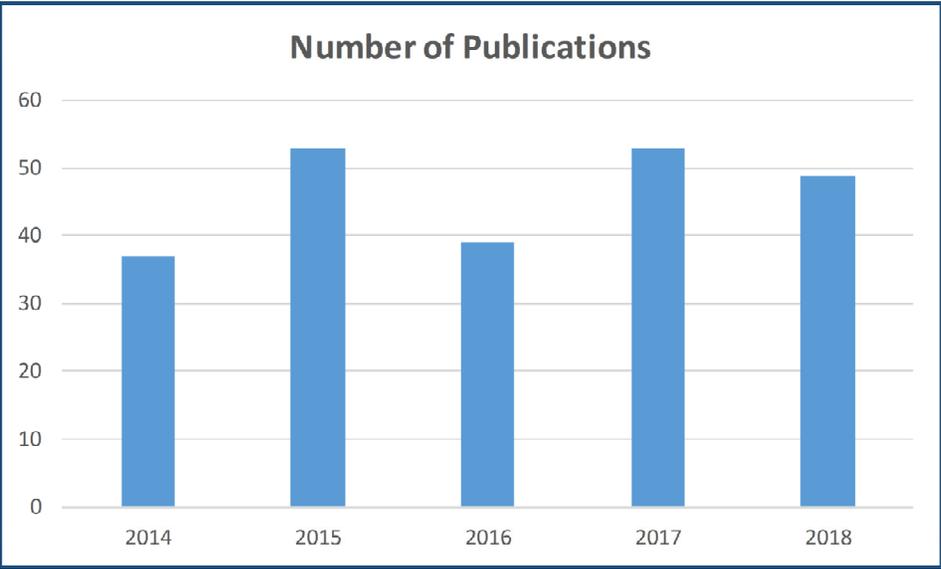
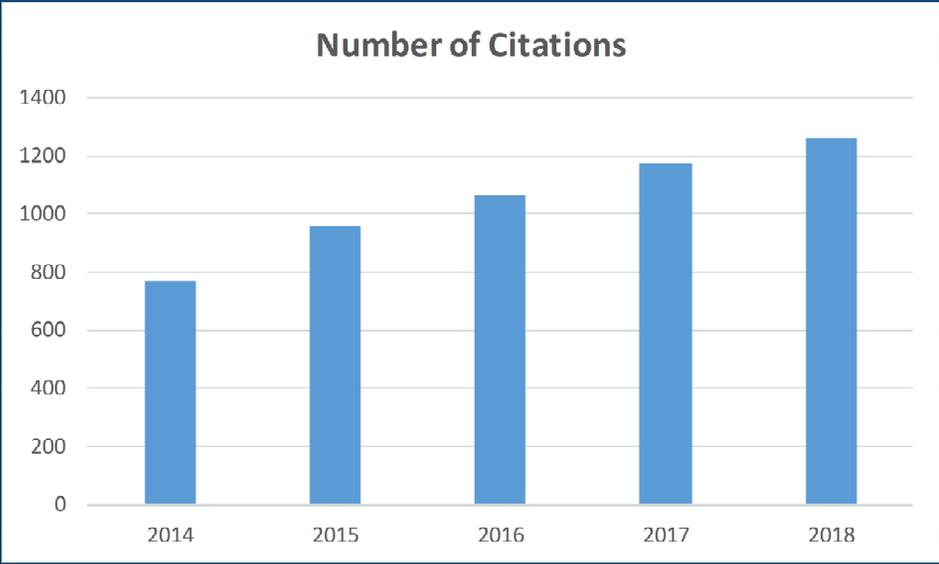
In 2018/19, the School of Nursing, UBC, Okanagan has received over \$730,000 in research funding. Funding has been received from a variety of sources including CIHR and SSHRC (88% of all funding), other external funding (e.g., MSFHR), and internal funds from UBC Okanagan.



**It is important to note that funding totals and number of projects does not include funding and projects by UBC Okanagan School of Nursing faculty as co-investigators.*

PUBLICATIONS AND CITATIONS

Another measure of research productivity are publications and citations. The UBC Okanagan School of Nursing had an average of 46 publications per year over the last five years (2014-2018). In 2018/19, an average of 34% of publications were published in the top 10 percent of journals (Scopus, 2019). The number of citations for UBC Okanagan’s School of Nursing faculty has continued to increase over the last five years with an average of 424 citations per research faculty member. Two of our research faculty have only been with the School for three years, therefore citations for these faculty only include three years of citations for each. Another faculty member left the School of Nursing in 2015 and another in 2017, thus citations for these individual do not include the full five years. As expected, citations varied by professorial rank. Early career researchers (n=4) averaged 101 citations per faculty member over the five year period; mid-career researchers (n=2) averaged 185 citations per faculty member over the five year period; and well established faculty members (n=6) averaged 719 citations per faculty member. In addition to citations for research faculty, our teaching faculty contributed a total of 134 citations over the five years; an average of 27 citations per year. Eight teaching faculty members contributed an average of 17 citations each.



*2016 was a year of transition at the School of Nursing with one faculty member leaving in 2015 and two vacancies for half of the year.

PUBLICATIONS—2018

Andersen, E., Olsen, L., Denison, J., Zerlin, I., & Reekie, M. (2018). “I will go if I don't have to talk”: Nursing students’ perceptions of reflective, debriefing discussions and intent to participate. *Nurse Education Today*. 70, 96-102.

Bottorff, J.L., Oliffe, J.L., Sarbit, G., Sharp, P., & Kelly, M.T. (2018). Smoke-free men: Competing and connecting to quit. *American Journal of Health Promotion*. 32(1), 135-142.

Caxaj, C.S. & de San Miguel Ixtahuacan, K.Q.T.P. (2018). A community-based intervention to build community harmony in an Indigenous Guatemalan mining town. *Global Public Health*. 13(11), 1670-1681.

Caxaj, C.S., Schill, K., & Janke, R. (2018). Priorities and challenges for a palliative approach to care for rural Indigenous populations: A scoping review. *Health and Social Care in the Community*. 26(3), e329-e336. doi: 10.1111/hsc.1246.

Caxaj, C.S., Chau, S., Parkins I. (2018). How racialized students navigate campus life in a mid-sized Canadian city: ‘thrown against a white background’ but ‘comfortable enough to laugh’. *Race Ethnicity and Education*. 1-20.

Caxaj, S. & Diaz, L. (2018). Migrant workers’ (non)belonging in rural British Columbia, Canada: storied experiences of marginal living. *International Journal of Migration, Health and Social Care*. 14(2), 208-220.

Cohen, A. & **Caxaj, S.** (2018). Bodies and Borders: Migrant Women Farmworkers and the Struggle for Sexual and Reproductive Justice in British Columbia, Canada. *Alternate Routes*.

Creighton, G., Oliffe, J.L., **Bottorff, J.,** & Johnson, J. (2018). “I should have ...”: A photovoice study with women who have lost a man to suicide. *American Journal of Men's Health*. 12(5), 1262-1274.

Creighton, G., Oliffe, J.L., Ferlatte, O., **Bottorff, J.,** Broom, A., & Jenkins, E.K. (2018). Photovoice ethics: critical reflections from men’s mental health research. *Qualitative Health Research*. 28(3), 446-455. doi: 10.1177/1049732317729137.

Cresswell, M.A., Robinson, C.A., Fyles, G., **Bottorff, J.L.,** & Sudore, R. (2018). Evaluation of an advance care planning web-based resource: applicability for cancer treatment patients. *Supportive Care in Cancer*. 26(3), 853-860. doi: 10.1007/s00520-017-3901-7.

Dias da Lima, MA., Müller de Magalhães, AM., **Oelke, ND.,** Quintana Marques, G., Lorenzini, E., Feil Weber, LA., & Fan, I. (2018). Care transition strategies in Latin American countries: an integrative review *Revista Gaúcha de Enfermagem*. EENFUFGRS 39:e20180119. doi: 10.1590/1983-1447.2018.20180119.

Duggleby, W., **Pesut, B.,** Cottrell, L., Friesen, L., Sullivan, K., & Warner, G. (2018). Development, Implementation, and evaluation of a curriculum to prepare volunteer navigators to support older persons living with serious illness. *American Journal of Hospice and Palliative Medicine*. 35(5), 780-787. doi: 10.1177/1049909117740122.

Friesen, L. & **Andersen, E.** (2018). Outcomes of collaborative and interdisciplinary palliative education for health care assistants: A qualitative metasummary. *Journal of Nursing Management*. 27(3):461-481. doi: 10.1111/jonm.12714. Epub 2018 Dec 18.

Gilbert, M., **Taylor, D.,** Michelow, W., Grace, D., Balshaw, R., Kwag, M., . . . Rekart, M. (2018). Sustained reduction in sexual behavior that may pose a risk of HIV transmission following diagnosis during early HIV infection among gay men in Vancouver, British Columbia. *AIDS and Behavior*. 22(7), 2068-2078. doi: 10.1007/s10461-017-1702-0.

PUBLICATIONS—2018

Jutras, M., Lambert, J., Hwang, J., Wang, L., Simon, S., Del Medico, T., Mick, P., Miller, H., **Kurtz, D.**, Murphy, M.-A., & Jones, C.A. (2018). Targeting the psychosocial and functional fitness challenges of older adults with hearing loss: a participatory approach to adaptation of the walk and talk for your life program. *International Journal of Audiology*. 57(7), 519-528. doi: 10.1080/14992027.2018.1448945.

Konnert, C., Huang, V., & **Pesut, B.** (2018). Mental health knowledge and training needs among direct care workers: A mixed methods study. *Aging and Mental Health*. 23(7), 897-904. doi: 10.1080/13607863.2018.1453483. Epub 2018 Apr 16.

Kurtz, D.L.M., Janke, R., **Vinek, J.**, Wells, T., Hutchinson, P., & Froste, A. (2018). Health Sciences cultural safety education in Australia, Canada, New Zealand, and the United States: A literature review. *International Journal of Medical Education*. 9, 271-285. doi: 10.5116/ijme.5bc7.21e2.

Lau, C.Y.K., Lok, K.Y.W., & **Tarrant, M.** (2018). Breastfeeding duration and the theory of planned behavior and breastfeeding self-efficacy framework: A systematic review of observational studies. *Maternal and Child Health Journal*. 22(3), 327-342.

Lok, K.Y.W., Bai, D.L., Chan, N.P.T., Wong, J.Y.H., & **Tarrant, M.** (2018). The impact of immigration on the breastfeeding practices of Mainland Chinese immigrants in Hong Kong. *Birth*. 45(1), 94-102.

Lok, K.Y.W., Wang, M.P., Chan, V.H.S., & **Tarrant, M.** (2018). Effect of secondary cigarette smoke from household members on breastfeeding duration: A prospective cohort study. *Breastfeeding Medicine*. 13(6), 412-417. doi: 10.1089/bfm.2018.0024.

Mao, A., **Bottorff, J.L.**, Oliffe, J.L., Sarbit, G., & Kelly, M.T. (2018). A qualitative study on Chinese Canadian male immigrants' perspectives on stopping smoking: Implications for tobacco control in China. *Amer-*

Mushta, J., L. Rush, K., & Andersen, E. (2018). Failure to rescue as a nurse-sensitive indicator. *Nursing Forum*. 53(1), 53(1):84-92. doi: 10.1111/nuf.12215.

Oelke, N.D., Milkovich, L., & Whitmore, B. (2018). Using the Awareness, Motivation, Skills, and Opportunity Framework for health promotion in a primary care network. *Health Promotion Practice*. Sep 18:1524839918801912. doi: 10.1177/1524839918801912. [Epub ahead of print].

Oliffe, J.L., Broom, A., Kelly, M.T., **Bottorff, J.L.**, Creighton, G.M., & Ferlatte, O. (2018). Men on losing a male to suicide: A gender analysis. *Qualitative Health Research*. 28(9), 1383-1394.

Olsen, L.L., Ishikawa, T., Masse, L.C., Chan, G., Brussoni, M. (2018). Risk Engagement and Protection Survey (REPS): Developing and validating a survey tool on fathers' attitudes towards child injury protection and risk engagement. *Injury Prevention*. 24(2), 106-112. doi: 10.1136/injuryprev-2017-042413.

Pesut, B. (2018). Profits and prophets: Derrida on linguistic bereavement and (Im)possibility in nursing. *Nursing Philosophy*. 19(1), e12186.

Pesut, B. & Greig, M. (2018). Resources for educating, training, and mentoring nurses and unregulated nursing care providers in palliative care: A review and expert consultation. *Journal of Palliative Medicine*. 21(S1), S50-S56. doi: 10.1089/jpm.2017.0395.

Plamondon, K.M., **Bottorff, J.L.**, **Caxaj, C.S.**, & Graham, I.D. (2018). The integration of evidence from the Commission on Social Determinants of Health in the field of health equity: A scoping review. *Critical Public Health*. 1-14.

PUBLICATIONS—2018

Pullen, T., Sharp, P., **Bottorff, J.L.**, Sabiston, C.M., Campbell, K.L., Ellard, S.L., Gotay, C., Fitzpatrick, K., & Caperchione, C.M. (2018). Acceptability and satisfaction of project MOVE: A pragmatic feasibility trial aimed at increasing physical activity in female breast cancer survivors. *Psycho-Oncology*. 27(4), 27(4):1251-1256. doi: 10.1002/pon.4662. Epub 2018 Mar 1.

Quesnel, D.A., Libben, M., **Oelke, N. D.**, Clark, M. I., Willis-Stewart, S., & Caperchione, C.M. (2018). Is abstinence really the best option? Exploring the role of exercise in the treatment and management of eating disorders. *Eating Disorders*. 26(3), 290-310. doi: 10.1080/10640266.2017.1397421.

Rush, K.L., Goma, F.M., Barker, J.A., Ollivier, R.A., Ferrier, M.S., & Singini, D. (2018). Hypertension prevalence and risk factors in rural and urban Zambian adults in Western Province: A cross-sectional study. *Pan African Medical Journal*. 30, 97. doi: 10.11604/pamj.2018.30.97.14717.

Rush, K.L., Hatt, L., Janke, R., Burton, L., Ferrier, M., & Tetrault, M. (2018). The efficacy of telehealth delivered educational approaches for patients with chronic diseases: A systematic review. *Patient Education and Counseling*. 101(8), 1310-1321. doi: 10.1016/j.pec.2018.02.006.

Rush, K.L., Howlett, L., Munro, A., & Burton, L. (2018). Videoconferencing compared to telephone in healthcare delivery: A systematic review. *International Journal of Medical Informatics*. 118, 44-53. doi: 10.1016/j.ijmedinf.2018.07.007. Epub 2018 Jul 25.

Seaton, C.L., **Bottorff, J.L.**, Jones-Bricker, M., & Lamont, S. (2018). The role of positive emotion and ego-resilience in determining men's physical activity following a workplace health intervention. *American Journal of Men's Health*. 12(6), 1916-1928.

Seaton, C.L., Holm, N., **Bottorff, J.L.**, Jones-Bricker, M., Errey, S., Caperchione, C.M., Lamont, S., Johnson, S.T., & Healy, T. (2018). Factors that impact the success of interorganizational health promotion collaborations: A scoping review. *American Journal of Health Promotion*. 32(4), 1095-1109. doi: 10.1177/0890117117710875.

Sharp, P., **Bottorff, J.L.**, Hunt, K., Oliffe, J.L., Johnson, S.T., Dudley, L., & Caperchione, C.M. (2018). Men's perspectives of a gender-sensitized health promotion program targeting healthy eating, active living, and social connectedness. *American Journal of Men's Health*. 12 (6), 2157-2166.

Struik, L.L., **Bottorff, J.L.**, Baskerville, N.B., & Oliffe, J.L. (2018). The crush the crave quit smoking app and young adult smokers: Qualitative case study of affordances. *JMIR mHealth and uHealth*. 6(6), e134. doi: 10.2196/mhealth.9489.

Tai Chan, N.P., **Tarrant, M.**, Ngan, E., So, H.K., Wan Lok, K.Y., Severn Nelson, E.A. (2018). Agreement between self-/home-measured and assessor-measured waist circumference at three sites in adolescents/children. *PLoS ONE*. 13(3), e0193355. doi: 10.1371/journal.pone.0193355.

Van Vliet-Brown, C.E., Shahram, S., & **Oelke, N.D.** (2018). Health in All Policies utilization by municipal governments: Scoping review. *Health Promotion International*. 33(4), 713-722. doi: 10.1093/heapro/dax008.

Yeung, K.H.T., **Tarrant, M.**, Chan, K.C.C., Tam, W.H., & Nelson, E.A.S. (2018). Increasing influenza vaccine uptake in children: A randomised controlled trial. *Vaccine*. 36(37), 5524-5535. doi: 10.1016/j.vaccine.2018.07.066. Epub 2018 Aug 2.

Yu Ko, W.F., Oliffe, J.L., Johnson, J.L., & **Bottorff, J.L.** (2018). The connections between work, prostate cancer screening, diagnosis, and the decision to undergo radical prostatectomy. *American Journal of Men's Health*, 12(5), 1670-1680. doi: 10.1177/1557988318781720.

INNOVATIVE KNOWLEDGE TRANSLATION



Nav-CARE Implementation Toolkit

The goal of the Nav-CARE program is to improve the quality of life of adults living at home with serious illness. A Toolkit has been developed to support program delivery. Also included are a *Nav-CARE Volunteer Learning Manual* and a *Train the Trainers' Toolkit*. <https://ubcoconference.ok.ubc.ca/portal/> Funding provided by CIHR, CCSRI, and the Max Bell Foundation.



The Get Ready...Get Safe...Go! A Symposium for Supporting Safe and Active Recreation for Okanagan Families Living with Autism

Held in June 2018 at UBC Okanagan, to bring together community service providers, family members and researchers to increase awareness and build support for safe active recreation for families living with autism and provide a forum for interaction and networking. Organized by Dr. Lise Olsen (Nursing), Dr. Rachelle Hole (Social Work) and Ms. Vicki Cairns (Autism Okanagan Association). *For more information contact: lise.olsen@ubc.ca*. Funding provided by MSFHR.



Indigenous Mental Wellness Project

In partnership with the Ki-Low-Na Friendship Society, two films "*Trauma and Healing Our Road is Getting Better*" and "*Perspectives on Cultural Safety*" were created to share the results from interviews with Elders on mental wellness. *To receive copies of the videos contact: nelly.oelke@ubc.ca* Funding provided by CIHR.



Dads in Gear Indigenous

Dads in Gear Indigenous is the first program to support Indigenous fathers in their efforts to quit smoking cigarettes. Distinctly original in its focus, structure and content, the 10-week culturally tailored and gender-sensitive cessation program leverages motivation associated with men's aspirations to be good fathers and active role models, along with male peer support to engage men in healthy lifestyle behaviours. Web-based resources as well as a facilitator program guide and training program support the program. <https://www.dadsingearindigenous.ca/> Funding provided by CIHR, Canadian Cancer Society, Interior Health, and First Nations Health Authority.

School of Nursing
University of British Columbia, Okanagan
Research Report
2014-2018
Published January 2020

www.nursing.ok.ubc.ca/research/